

helo

SAUNA & STEAM

HOME STEAM SOLUTIONS 2015

Generators and Accessories



■ Helo
An introduction

With production of electrical components dating back to 1919, Helo has a long, illustrious history in the sauna field. Now part of the worldwide Tylo-Helo Group and still true to our Finnish roots, we promise a guarantee of the best in traditional sauna and Turkish Steam.

Modern manufacturing plants in Finland and the USA, a huge variety of carefully chosen products, full service back up and the comfort of our FIVE YEAR warranty - all good reasons to select Helo for your wellness project.



Industry Leading Helo
5 YEAR
WARRANTY
For Domestic Steam Rooms





■ The joy of steam at home

Steam at home is truly the ultimate luxury - an oasis of calm as a complete release from the stresses of hectic daily life.

Whether you choose a quick 10 minutes or so in advance of the morning shower to set you up for the day or a longer period of contemplation in the evening to promote a great night's sleep, your investment in steam will pay you back many fold - and with Helo's specially selected "extras" you can personalise your steam room to include specialist lighting, sounds and fragrance to enhance and vary the effect according to your mood.

There are a few simple rules to creating a reliable, trouble free and effective Turkish Bath at home and Helo with long and varied experience is best placed to assist you. On our website you will find all the advice you need - components required, selected options and the do's and don'ts to be sure of a trouble free life. Find more at www.helo.co.uk or if you prefer give our sales team a call on 0800 0234590.

■ Steam will keep you in good voice!

Legendary Les Miserables West End star Frances Ruffelle and her famous daughter, Eliza Doolittle know how important it is to protect their great singing voices. Both are fans and regular users of Helo steam. Here's what Frances has to say:



I am often asked how I look after my singing voice especially when I am performing 8 shows a week playing a demanding role in musical theatre.

My advice to young singers (and old ones) is to steam every morning and evening, without fail, and if you can find the time steam again and again.

Steaming keeps your sinus membranes moist which is really important for your voice, because the sinus is responsible for moisturizing the air you breathe on its way down to your lungs and rehydrating the vocal chords.

A few years ago I installed two Helo steam rooms in our family home. We are rather a musical family and my daughter pop singer Eliza Doolittle has been so successful and has her own steam room now in her home and couldn't bear to be without it.

*All the top vocal experts and doctors give the same advice...**steam steam steam.***



"Steaming is an essential part of any singers armoury as it helps rehydrate the vocal folds after prolonged voice use."

Ed Blake (vocal physio to the casts in London's West End theatres).

"During construction and until the present day HELO have been the stand out company for service..... whenever I call HELO, the response is instantaneous and thorough and at times they go that extra mile to accommodate."

Zoe Douglas - Spa Manager at Dormy House Hotel & Spa.



■ Approved by health club customers across the UK

Helo carry out installations at five star hotels, leisure clubs and local authority sites all year round.

As well as being eye-catching, Helo installations must be robust to endure often 16 hours a day use and have virtually continuous steam production. The experience gained in these heavy duty situations guarantees trouble free operation of all installations in health clubs or the home.

The inclusion of background heating in the benches and floor, essence which can change with the seasons, subtle lighting, relaxing background music and the use of the Helo Wellness system, ensures the most effective of steam rooms is created.

■ The heart of your home steam room

■ Helo T Series Steam System

Although unseen, the steam generator is the heart of a Turkish Steam Bath so it's important to use the best! Helo has been producing generators for home and health clubs for more than 20 years - a natural development of our famous sauna heaters originating from the early 1950s.

We build without compromise, recognizing you want to fit and enjoy! Should attention ever be required - within the five year warranty and beyond - Helo engineers and genuine parts are always available to keep your steam room in service

When making home improvements you want a guarantee that you are choosing components which will provide reliable service and long life. Helo generators have stood the test of time in continuous use in Leisure Centres all over the world. The T series model is the culmination of years of experience offering simply the best home steam generator you can buy.

With all these features you can be confident when choosing Helo:

- Stainless Steel tank, long life elements and solid state electronics
- Compact dimensions but fully serviceable with all components replaceable
- Latest touch screen control - elegant and efficient
- "Soft Steam" to guarantee optimum humidity
- Dedicated wiring included
- Separate discrete temperature sensor - place control inside or out
- Option to add remote on/off button or activate via home system
- Comfort Flo steam outlet to match plated fittings
- Fully tested and approved to CE standards - safe and reliable

All part of the Helo Steam System and with 1000s of generators supplied you have the comfort of a tried and tested product and peace of mind with our industry leading 5 YEAR WARRANTY



Technical Information				
Model	Power	Generator Size (w x d x h)	Price	Room Size
AT5	5kW	420 x 170 x 330mm	£2,807	Up to 6m ³
AT7	7kW	420 x 170 x 330mm	£2,881	Up to 9m ³
AT10	10kW	420 x 170 x 330mm	£2,993	Up to 12m ³
AT12	12kW	420 x 170 x 356mm	£3,113	Up to 16m ³
3T8	8KW	420 x 170 x 356mm	£3,089	Up to 10m ³
3T10	10KW	420 x 170 x 356mm	£3,157	Up to 12m ³
3T12	12KW	420 x 170 x 356mm	£3,411	Up to 16m ³
3T14	14KW	420 x 170 x 356mm	£3,553	Up to 20m ³

Prices include VAT

Please note our generator sizing chart assumes the use of standard construction methods and materials - other finishes may require a more powerful steam generator. For larger rooms, 'ganged' systems with combined generators may be ordered specially. If you are unsure what size generator is suitable for your particular need, please call us on 0800-0234590 before ordering.



■ T100 Control

Since its introduction, this sleek "smart phone" style control has become the first choice for steam installations - not surprising really since it looks great, seals securely into the tiled wall and is sophisticated yet simple to use without fussy programming.

Just a wave of the hand across the black glass front lets you:

- Start the steam
- Set your chosen run time
- Preset the switch on time up to 23 hours in advance
- Set the temperature
- Control mood lighting
- Lock your settings
- Optionally switch from a remote button or home system

A separate temperature sensor mounted near the ceiling allows the control to be placed where it suits best.

■ "Comfort flo" Steam Outlet

This steam outlet - sited at low level in the steam room - is designed to provide an even spread of steam throughout the room. Offered in a variety of plated finishes to suit surrounding decor, a recess on top takes oils for aromatherapy.



■ Enhancing your steam experience

Helo lights are long-term tested in the hot and humid environment of steam rooms where a high IP rating and positive sealing are vital for long life.

Choose from:

■ LED

LED down light with “warm white” output - a flush fitting sealed-for-life unit with driver connecting to standard light circuit. Decorative bezel in White, Black, Chrome or Satin.

■ SPL

Helo designed traditional Chrome plated brass down light with fire polished lens, 12V transformer and Dichroic or LED bulb.



Order code	Description	Price
LED WW FB WHITE	LED downlight, White Bezel as standard, with driver IP66	£116
SPL/CP/T	Steam Proof Light - Chrome Plated Bezel with 12v transformer and bulb IP65	£237

All prices include VAT

■ Home Stereo Kit

Enjoy soothing music whilst relaxing, with our stereo kit. Stereo sound from 35W steam proof speakers may be controlled and muted with the simple dial type water proof volume control. You need only a wired active input to hear your favourite tunes while bathing - a must for music lovers!



Order code	Description	Price
SPSKIT	Steam Proof Speaker Kit with 35W RMS, 8 ohm speakers, 6.5" dia. rotary volume control	£199

All prices include VAT

■ Fibre Optic Mood Lighting

Mood lighting can dramatically influence the effect of steam on the senses from invigorating to ultimate relaxation. For reliability and longevity in the testing Turkish bath environment Helo favours Fibre Optic lighting with the single high power light box remote from the humid area. Of course we only offer the best - 100 top quality glass tails with brass sleeve and solid lens - neatly concealed in roof grout or using discrete sleeved lenses supplied.

Offered with Shimmering White output for balmy night sky effect or colour changing to vary the mood in conjunction with different aromas.

Order Code	Description	Price
OPTIC/STAR	Night Sky fibre optic lighting system, 100 tail - colour changing or shimmering white	£1,546

All prices include VAT





■ Aroma Systems & Essences

The use of fragrance is another way to vary the effect of steam on the senses from calm reflection to stimulation. Try Helo's gift box set of 4 popular essences - a few drops on the outlet transform the steam bath!

For the ultimate in luxury and sophistication, the auto essence doser keeps the steam room charged with your favourite scent to the intensity chosen. Nothing to set or control, just sit back and enjoy!



Essence Dosing System



Essence Starter Box

Order Code	Description	Price
70408000	Box of 4 x 100ml different fragrances for steam outlet	£72
STESS SYSTEM	Automatic essence dosing system for steam, complete with 3 x 1l seasonal essence starter pack	£1,242

All prices include VAT



■ Steam Seating

In smaller steam showers, where space is too restricted for purpose built seating, Helo's fold up seats are a great alternative - simply fold to the wall to allow room for showering after steam. Available in elegant, warm teak wood or more compact white plastic for the smallest rooms.

Order code	Description	Price
RELAX WOOD	Wood fold-away shower seat	£305

Order Code	Description	Price
RELAX SEAT	White fold-away Relax seat	£119

All prices include VAT

■ Steam Roof Solutions

To maintain humidity and heat where you want it, you need to keep the steam circulating and avoid annoying drips. Helo has the roof solutions below to suit the size and style of room. If you prefer to create a fully tiled room you can find advice on our website www.helo.co.uk or call our sales team on 0800 0234590 to discuss.

■ Steam Domes

These clear acrylic domes provide a useful "lid" to the normal framed shower enclosure. Designed to sit on top of the frame or tiled wall, easily removed for cleaning, the centre bubble deflects condensation and perimeter flange can be trimmed to size. Made to order, if you give precise dimensions, the factory will trim to these for you at no additional cost.



Order code	Max size (mm)	Min size (mm) (trimmed)	Clear	Opaque
D9	900x900	760x760	£245	£316
D12/9	1200x900	1060x760	£315	£397
D16/8	1600x800	1460x660	£375	£471
D18/9	1800x900	1660x760	£482	£583
D12	1200x800	1060x660	£287	£362
DN9	Penta/Neo Angle - 900x900mm		£245	£316
DQ	Quadrant - 900x900mm		£243	£313
DEQ12	Extended Quadrant - 1200x900mm (L/R)		£314	£395

All prices include VAT

Many more shapes and sizes available. Please contact Helo for more information.

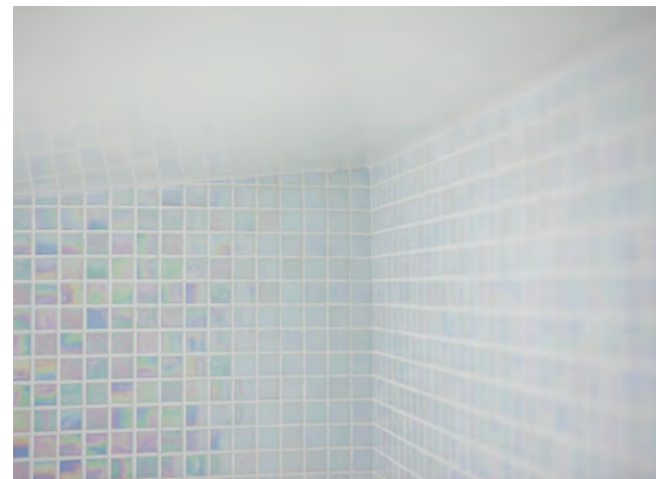
■ WBP Roof Boards

Where a more permanent false ceiling is required these 11mm ply roof boards with bonded mat white laminate surface are ideal to provide a secure, water and steam proof enclosure. Easy to fit to a perimeter frame with slight fall for condensation, you can use as a single sheet up to 2400 x 1200mm or join 600mm boards with a "click fit" T&G joint.

Order code	Description	Price
NP600/W	2400 x 600 mm - T&G to link boards together for inside the steam area	£207
NP900/W/HW	2400 x 900 mm for use inside the steam area	£333
NP1200/W/HW	2400 x 1200 mm for use inside the steam area	£425

Due to their size and need for careful handling these boards are sent direct from the factory on specialist carrier at a charge of £48.

All prices include VAT



Invisible fixing to the angled roof



Wall finish with panels fixed to perimeter timber frame covered by tile backer/tiled surface

■ How to buy

Visit the shop area or find your nearest retailer on our website: www.helo.co.uk

For advice or assistance with purchase, please call our sales team on 0800 0234590

Industry Leading Helo

5 YEAR WARRANTY

For Domestic Steam Rooms

Helo Domestic Steam Products now come with a 5 year warranty.

Terms and Conditions apply.

Specifications may change without notice.

Some images courtesy of Sommerhuber.

■ Bespoke Design and Build Service

If you are seeking a complete installation service where your ideas are brought to reality, our Projects Department will be pleased to assist. We have built many steam rooms over the years to meet clients' specific wishes and will be happy to work with you to achieve your aims. Just forward your plans and thoughts about the style and we'll make an initial proposal for further discussion.

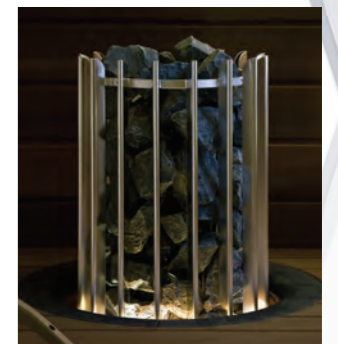
Also available from Helo;



Saunas - from the Self assembly fully specified EASY ROCK to beautiful built-in designer cabins in different decors.



Infra Red Cabins - the world first low EMR and EF models with reduced energy - the safest and most efficient heat cabin.



Sauna heaters - Stunning, new design heaters with the latest Touch control panels - models to integrate into furniture and with exposed rock basket - style and efficiency.

helo

SAUNA & STEAM

Helo
Sauna & Steam
Helo (UK) Ltd
P.O Box 440, East Grinstead, West Sussex, RH19 1EX, UK
Phone: 0800 0234590
Fax: +44 (0)1342 300 550
Email: sales@helo.co.uk
www.helo.co.uk

Dealer stamp